

## THE SABBATH CIRCLES HOME SCHOOL CURRICULUM

*Unit Theme: Understanding Forgiveness*

*Today's Scripture:* Matthew 6:12-15

*Key Verse:* “For if you forgive others their trespasses, your heavenly Father will also forgive you...” Matthew 6:14

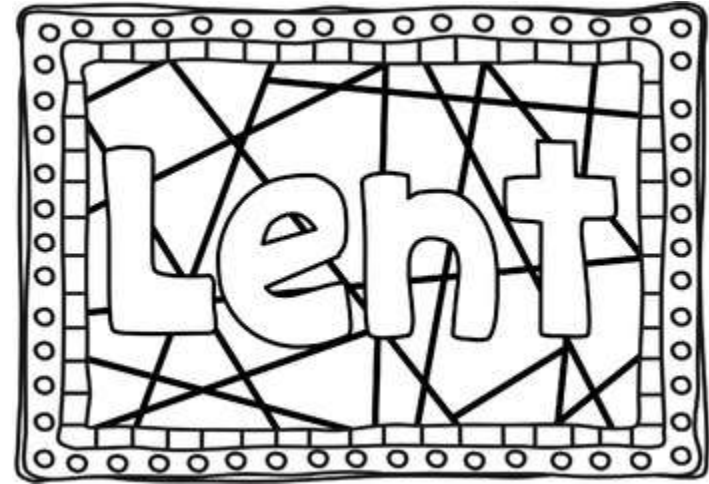
*Questions to go deeper:*

- This text is seldom read on its own, as just these few verses. Instead it's usually read only as part of a bigger story. Read verses 9-13 to see what the larger story is.
- Once you know what the larger story is, consider why we are focusing on just these few verses. What do the verses highlighted for today have to do with the unit theme for Lent?
- When have you found yourself struggling to forgive someone? Why? How was the situation resolved, or is it still going on? What can you do?
- When has someone had a difficult time forgiving you? Why? Where does the situation stand now? Are you okay with that? If not, what can you do?

*Activity possibilities:*

- Coloring picture about Lent on reverse side.
- Pick up one of the *Lent 2019* brochures at the church and find the instructions for a different kind of fasting during this Lent. Then, take a piece of plain white paper and cut it into 12 strips. In purple or black ink on the first strip, write “My Lenten Fast 2019.” Bend it into a loop so that it forms a circle and staple it. Then on each of the remaining strips, use purple or black ink to print one of each of the 11 actions for the fast. You will need to focus on 2 each week from now through Palm Sunday, leaving

the last one for Holy Week. To begin, pick any two strips, read them and decide how you will put each into practice during the week. When you accomplish each one, write the day and what you did on the back. Then make the strip into a loop, thread it through the other loop and staple it. Hang your growing Lenten chain someplace where you will see it. Challenge your whole family to do this Lenten practice with you!!



Here is a neat video explaining Lent:

<https://www.youtube.com/watch?v=m3L3c23MfCo>

Enjoy!

Remember, Rev. Ruth is always happy to answer your questions and help you find more information on anything in the Bible that interests you! Catch up with her through the church or come to the Savoy Bookstore and Café any Thursday afternoon between 2-4pm.